



UNITED METHODIST HOMES

# Seasons

A NEWSLETTER FOR STAFF, RESIDENTS & FRIENDS OF UNITED METHODIST HOMES

## Contents

**Editorial** .....2  
Calli Berg, Board Chair

**Around the Block**.....2  
A series featuring our amazing residents

**Letters of Appreciation**.....7  
Notes of thanks

## Nursing Home Week 2012 *Excitement at the Homes!*

When the calendar flips to May at a continuing care retirement community, hold onto your hats! Nursing Home Week is a new adventure every year, and each United Methodist Homes campus approaches the celebration in its own unique way. If you didn't make it to any of our campuses for the festivities (or couldn't squeeze all of them into your schedule), check out what went on. And the next time you stop by, thank the activity staff members who planned and executed another special week of fantastic programming! *Editor's note: As a personal care facility, the Tunkhannock Campus does not celebrate Nursing Home Week.*

### Wesley Village Campus, Partridge-Tippett Nursing Facility

Theme: **Summer Fun Week**

*Activities:* cruise day with mocktails and a bon voyage party, Cancun day with fiesta lunch (nachos and cheese for staff!), beach day with Beach Boys music and beach (balloon) volleyball tournament, summer carnival day – with popcorn, cotton candy and carnival games in the dining room – and cookout day with an outdoor picnic and the Travel Twist ice cream truck!

**Interact with us on  
facebook**

See additional photos from events featured in *Seasons*, get alerts about upcoming events and much more! Visit [www.facebook.com](http://www.facebook.com), create an account if you don't already have one, and interact with United Methodist Homes! Access our page directly at [www.facebook.com/UnitedMH](http://www.facebook.com/UnitedMH).

**Elizabeth Church Campus, Binghamton, NY**  
(607) 722-3463  
*Independent living, adult care, assisted living, skilled nursing, short-term rehabilitation*

**Hilltop Campus, Johnson City, NY**  
(607) 798-7818  
*Independent living, adult care, assisted living, skilled nursing, short-term rehabilitation*

**Tunkhannock Campus, Tunkhannock, PA**  
(570) 836-2983  
*Personal care*

**Wesley Village Campus, Pittston, PA**  
(570) 655-2891  
*Independent living, personal care, skilled nursing, short-term rehabilitation*



*Personal Care Services Director Sharon Ritsick, RN, BSN, helps Partridge-Tippett Nursing Facility resident Betty Williams at the duck pond during the carnival. Williams is really in the carnival spirit – holding her cotton candy with one hand while fishing for her prize duck with the other!*

*Fiesta, olé! Enjoying the fiesta lunch of arroz con pollo (rice with chicken) on Cancun Day are (seated from left) Partridge-Tippett residents Pauline Grasavage and Margaret Yadrnak and Activity Aide Beverly DelGiorno with (standing from left) Activity Aides Carol Noonan and Mary Ann Battista. Check out those sombreros and bigotes (moustaches!).*



*Ready, set, spike! Residents got serious about the action at the beach (balloon) volleyball game in the activity room. Don't get between them and that ball!*

# Administrative Editorial

## Calli Berg, Board Chair



My first year as Board chair began with a marvelous adventure: attending the 50<sup>th</sup> annual LeadingAge meeting in

Washington, DC, in the fall of 2011. The excitement in the convention hall each morning was breathtaking, and the guest speakers – including Elie Wiesel, Mary Robinson and Maya Angelou – were all so moving. The sessions I attended were informative, and it was refreshing to hear that United Methodist Homes has proactively enacted many of the leading-edge recommendations I heard in multiple sessions. The conference broadened my horizons and enhanced my awareness of the ever-increasing impact health care has

on our nation and economy, especially the growing gap between actual cost and reimbursement.

My role as Board chair has enabled me to interact with employees more than ever before, and I continue to be impressed by the caliber of staff the Homes employs, and the longevity of staff service. I spoke at employee recognition dinners at campuses throughout the spring, and it was a pleasure to hear employees' personal stories of loyalty to our residents. Our Senior Leadership Team – including President and CEO Keith Chadwick, President and CEO-Elect Brian Picchini, CFO Gary Gardner, Senior Vice-President Rick Runyon and campus administrators Joe Corey, Jerry Halbert, John Lopatka and Vicky Morabito – is also a primary driver

of the Homes' success. These individuals are working diligently to ensure a smooth transition as Keith retires later this year, and are also hard at work on strategic planning initiatives. I deeply appreciate the dedication everyone has shown during this critical time.

In closing, I would like to say how very proud I am to be the Board chair of such a wonderful not-for-profit, mission-driven organization. Our commitment to meeting not only residents' physical needs, but also their emotional, social and spiritual needs, ensures that our reputation for a comprehensive and sensitive approach to care will continue uninterrupted into the future.

## Around *The* Block

A series featuring our amazing residents

Our "Around the Block" series profiles United Methodist Homes residents who explain what their lives have been like, what their big adventures have been, how they've made a difference, and how they want to be remembered.

### Edwin Davies Partridge-Tippett Nursing Facility, Wesley Village Campus

Edwin Davies doesn't look a day over 80, which is saying something, since he's 101. He was born on January 28, 1911, in Avoca, Pennsylvania, and had four brothers and three sisters. His father, a native of Wales, was a hoisting engineer at a local colliery – his job was to get miners up and down the shaft for their shifts. His mom took care of the family – "raising us was her job," says Davies.

When Davies was small, the family moved to West Pittston, where he attended high school. He played halfback on the football team, and was captain of the squad his senior year. [West Pittston High School

closed in 1966, merging with other schools to form the Wyoming Area School District.] In his spare time, he enjoyed movies – his teen crush was silent film star Clara Bow, who starred in the 1927 film "It" – which became the origin of the phrase "the It girl."

Davies graduated from high school in 1930, and worked at a variety of different jobs, including for West Pittston Borough, where he became assistant police chief. Later, he worked for Glen Alden Coal, in the office and as a yard repairman. He met his future wife, Kathryn Wilsey, at a dance in Tunkhannock: "We were doing the Charleston back then," he recalls. The couple married in 1937. They had two daughters, Nancy, who lives in Mountaintop, and Lois, who lives in West Pittston. Davies joined the IREM Temple and was a member of the Chanters, the Temple's singing group. He rose to become a 32<sup>nd</sup> degree Mason, the highest possible.

With a natural talent for art running in the family (one of his brothers was a cartoonist), Davies drew and painted as a hobby well into his eighties. "I would usually start in pencil, and then paint in oil. I did a mixture of subjects – landscapes, people, still lifes," he explains. As a 100<sup>th</sup> birthday gift, daughter Lois



Edwin Davies as assistant police chief in West Pittston Borough, circa 1940.

photographed his paintings and compiled them into a printed book to showcase his body of work.

Davies retired from RCA in Dunmore in the 1970s. His wife passed away in 2007, just a month before their 70th wedding anniversary. He moved to Wesley Village in 2011. He credits his daughters with his continued happiness: "I don't know what I'd do without my girls," he says. The most important thing he's learned in life? "Be a good Christian. Be careful not to hurt the Lord's feelings."

Davies has five grandchildren and seven great-grandchildren, with another expected in August.

To make a suggestion for the Around the Block series, contact Sarah Soden, Director of Marketing and Public Relations, at (607) 775-6400, ext. 288. Residents are welcome to suggest themselves!

## Staff Announcements



### Cindi Heness, RNAC

Cindi Heness, RNAC, recently accepted the position

of Registered Nurse Assessment Coordinator at the Partridge-Tippett Nursing Facility on the Wesley Village Campus. She has been with the Homes since 2004, most recently as an assessment nurse. In her new role, she is responsible for resident assessments, reviewing care plans with residents and family members, family and staff education, survey review, and interdisciplinary team consultations.

Heness earned her licensed practical nursing degree from Wilkes-Barre Vocational School's LPN Program and her registered nursing degree from Luzerne County Community College in Nanticoke, Pennsylvania. She is certified as a registered assessment coordinator by the American Association of Nurse Assessment Coordinators.

### Jane Lasecki

Jane Lasecki has accepted the position of Assessment Nurse at the Partridge-Tippett Nursing Facility on the Wesley Village Campus. She has been with the Homes for three years, most recently as a desk nurse and weekend supervisor.

Lasecki earned her associate's degree in nursing from Luzerne County Community College in Nanticoke, Pennsylvania.



### Nick Sees

Hilltop Campus Certified Personal Trainer Nick Sees was awarded the Ada West Nyctch Nursing Scholarship from Broome Community College in Binghamton, where he is studying nursing.

Sees has worked for the Homes since 2003 – he began in dietary and transitioned to wellness in 2005. He is certified as a personal trainer by the American Council on Exercise and is a certified nursing assistant. He will graduate from Broome with a registered nursing degree in 2013; he then plans to pursue a bachelor's degree in nursing at Binghamton University.

## Shorts

Thank you to United Methodist Homes registered dietitians for helping to train the next generation of practitioners in their field! This spring, James G. Johnston Memorial Nursing Home Dietitian Jessica Czebiniak, RD, hosted a dietetic intern from the State University of New York at Oneonta on the Hilltop Campus two days a week for five weeks. Partridge-Tippett Nursing Facility Dietitian Lori McAndrew, RD, hosted a dietetic intern from Marywood University on the Wesley Village Campus three days a week for four weeks.

On April 21, nearly 20 students from the freshman class at Tunkhannock High School offered community service by spending the afternoon helping with spring cleaning projects on the Tunkhannock Campus grounds. Thank you, students!

At the May 29 Board meeting, retiring Board members George Kramer, Jim Proof, Ed Rogers, and Allan Rose were presented with certificates and gifts in recognition of their years of service. Thank you!

On June 4, President and CEO Keith Chadwick was the baccalaureate speaker at the graduation exercises for the Class of 2012 at Broome-Tioga BOCES' East Learning Center in Binghamton. Chadwick presented a six-week Junior Achievement entrepreneurship program for the seniors in the fall of 2011 and the class invited him to speak at their graduation.

## Some Pig

OK, so the Tunkhannock Campus' pig visit was a little late for National Pig Day (March 1), but with a visitor this cute, can't every day be pig day? On April 16, the campus welcomed 14-year-old 4-H member Ashli Quick and her parents of Centermoreland, PA, along with Shrimp, a six-week-old shoat who was the runt of his litter. The family raises prize-winning pigs and shows them at fairs throughout the region. Nearly a dozen residents enjoyed the opportunity to get up close and personal with Shrimp, and although most grew up on farms, it was the first time any of the residents had handled a pig. There was surprise all around at how bristly the pig was, and just how adorable! Resident Doris Harter is shown giving Shrimp (held by Quick) a kiss. Special thanks to the Wyoming County Conservation District for pointing Tunkhannock Activity Director Terry White in the right direction for arranging a pig visit! Visit United Methodist Homes' Facebook page at [www.facebook.com/UnitedMH](http://www.facebook.com/UnitedMH) for more photos from this event.



Get your

**Spiedies and Salt Potatoes!**

**11:30 AM to 1:30 PM, July 19**  
**Hilltop Campus Auditorium**  
*Proceeds benefit the*  
**2012 Walk to End Alzheimer's**

**Nursing Home Week 2012** *Continued from page 1*

**Hilltop Campus, James G. Johnston Memorial Nursing Home**

*Theme:* **Down on the Farm**

*Activities:* Animal visits including lambs, horses, chickens, bunnies and goats, farm stories told by book club members and a trip to the Gidzinski farm in Port Crane. And it just wouldn't be "Down on the Farm" week without a pie judging! Staff, residents and family members baked a total of 25 pies for consideration, ranging from peanut butter to fruit to chocolate – each was judged on appearance and taste.



Hilltop Wellness Director Vinni Wingell (far left) is shown mid-swoon during pie contest judging as she considers the impact of all the calories on everyone sampling, while (clockwise from left) Vicky Benarick, Joe LaCaprara and Kate Stoudt taste-test and activity staff Denise Reilly (partially obscured) and Christa McEwan slice. Special thanks to rehab resident Carol Lee, who played the piano (with no sheet music!) during the event, and to volunteer Judi Tokos, who dished up pies. Visit United Methodist Homes' Facebook page at [www.facebook.com/UnitedMH](http://www.facebook.com/UnitedMH) for more photos from this event!

**Thank you, judges!**

Volunteer Coordinator Vicky Benarick; President and CEO Keith Chadwick; Golden Oldies Café Coordinator Vicky Considine; Human Resources Director Joe LaCaprara; Assistant Administrator Jackie Otreмба, BS, RN, WCC, RAC-CT; and Licensed Agency and Assisted Living Program Director Kat Stoudt, RN.

**Congrats, winners!**

First Place: Cook Sue Donovan, chocolate mousse pie  
 Second Place: Food Service Manager Warren Rincavage, razzle dazzle berry pie

Third Place: Activity Leader Christa McEwan, key lime margarita pie



Residents Jeanne Barnes (left) and Grace Simons visit with Cookie, a Plymouth barred rock chicken belonging to James G. Johnston Memorial Nursing Home Director of Nursing Tammy Patak, RN.

Residents Clara Sarday (shown) and Camilla Bennett partnered to bake a country apple pie for the pie contest (it was President and CEO Keith Chadwick's favorite in the event!).



Resident Martha Taber gets up close and personal with a goat kid at the Gidzinski farm in Port Crane.

**Elizabeth Church Campus, Elizabeth Church Manor**

*Theme:* **"Star" theme celebrating Elizabeth Church Manor's four-star CMS rating**

*Activities:* Evening star-gazing programs, showing of the movie "A Star is Born," a star-spangled picnic for staff plus popcorn for everyone, and more! Activity Director Diana Husnay reported, "Residents and family members got caught up in the spirit as well, showing their appreciation in various ways for the great job our staff members do each day."



Elizabeth Church Manor residents and staff gathered for a picture during Nursing Home Week 2012.



Enjoying the sunshine at the star-spangled picnic are (clockwise from left) Purchasing Agent Maria Sisson, Beautician Terri Thomas, Registered Dietitian Anna-Marie Batz, RD, and Receptionist Sue Vredenburgh.



# Dobry Den

Dobry den means "good day" in Czech, and June 1 at the Tunkhannock Campus certainly was!

Residents continued their virtual trip around the world by "traveling" to Prague, Czech Republic, with the Soden family. Marketing and Public Relations Director Sarah Soden and her parents Marie and Irv went to Prague in

2000 to see the city where Marie's maternal grandmother was born. On their visit to Tunkhannock, the Sodens brought in photos and souvenirs from their trip, as well as family items such as dolls, books, crystal, paintings, religious items and more. Residents were also able to sample homemade Czech food prepared by Marie, including dumpling and cookies. Sarah (standing), dressed in traditional Bohemian clothing, shows residents (from lower left) Hazelle Brooks, Lillian Davis and Betty Purtell a wooden Czech toy – an apple with a removable worm.



## Compliance Refresher: Compliance is everyone's responsibility

Compliance officers typically end their presentations to employees with "Compliance is everyone's responsibility." But what does that really mean?

Being responsible for compliance means that employees:

- Understand the organization's compliance policies. This means participating in ongoing compliance education, reviewing the Code of Conduct, and remaining aware of the policies and procedures. Awareness creates knowledge, and this is key to successfully creating an environment of accountability.
- Report potential concerns so they can be properly addressed. This applies regardless of an employee's role. This assists in creating a safe reporting environment and a just and ethical culture.
- Understand their roles in organizational compliance. Differing job responsibilities mean that some employees are responsible for corrective action, others create or revise policies, others maintain licensing requirements and renewals, etc.

For more information about compliance at United Methodist Homes, contact Compliance Officer Don Prutisto at (607) 775-6400, ext. 290.

## Corporate Office Staff Celebrate Service

On May 24, nine Corporate Office staff members were recognized at a special luncheon for giving the organization between one and 35 years of service. President and CEO Keith Chadwick, President and CEO-Elect Brian Picchini and Senior Vice-President/Chief Financial Officer Gary Gardner spoke to the honorees about the value of their dedication and years of service. Board Chair Calli Berg, unable to attend in person, addressed the group by phone, expressing her gratitude and her wishes that the honorees have many more years of service with the Homes. She spoke about Chadwick in particular, as he will retire at the end of this year, his 35<sup>th</sup> with the organization. Honorees' managers were also invited to attend, and each honoree received a recognition certificate.



Corporate Office staff celebrating service anniversaries included (standing, left to right) Shane McGuire, Keith Chadwick, Jennifer Balchikonis, David Lake, (seated, left to right) Monica Clark, Betsy Kosick, Mary Cron and Brian Grant. Absent from photo: Rick Runyon.

### *Congratulations to:*

#### **35 Years**

President & CEO Keith D. Chadwick

#### **20 Years**

Accounting Director Betsy Kosick

Senior Vice-President/Trust & Investments Rick Runyon

#### **15 Years**

Financial Data Manager/Programmer Mary Cron

#### **1 Year**

Resident Financial Services Director Jennifer Balchikonis

Resident Account Specialist Monica Clark

Resident Account Representative Brian Grant

Network Technician David Lake

Finance Director Shane McGuire



## Positive Thinking Groups Benefit Residents

James G. Johnston Memorial Nursing Home residents have benefitted from a weekly positive thinking group for more than four years. The success of this group led to the recent addition of a parallel group for adult care/assisted living residents at Hilltop. Attendance ranges from half a dozen to a dozen residents in each group, with meetings moderated by Social Services Director Aaron Ampula, Activity Director Faye Clark and Activity Supervisor Denise Reilly.

All residents are able to attend; staff typically encourage attendance among residents who are feeling down or coping with a major change or concern. Each meeting begins with readings about positive thinking (from books like *Don't Sweat the Small Stuff*), followed by coaching on positive approaches to handle issues, journaling for a positive mindset or sharing inspirational quotes. Guest speakers have educated residents on calming breathing techniques to use in times of anxiety or anger. Meetings end with each participant highlighting something positive about the past week.

Said Ampula, "The goal is to give residents tools to cope with stressors, help them find some inner peace, improve mood and cope better with living in a retirement community. One of the most positive things is for residents to realize that there are others with similar concerns and that they are not alone. Participants are coming back and reporting that they've tried some of the techniques on their own and they've worked."

Adds Clark, "Residents in the new group pushed to have the group meet weekly when it was originally just offered monthly, which we were happy to do. Staff are even hearing residents remind each other to 'remember positive thinking,' which is great!"

To view meeting dates, times and locations, view the Hilltop Campus activity calendars at [www.unitedmethodisthome.org/calendar/index.asp](http://www.unitedmethodisthome.org/calendar/index.asp).

## Wesley Village CNA Training Program Recertified

Following a May 17 survey, the Wesley Village Campus' certified nursing assistant training program was recertified for another two years. The recertification was awarded without deficiencies – the surveyor found all records (grades, policies and procedures, health forms, etc.) in excellent order and praised the program's high pass rate. He spent time with three program graduates to discuss their experiences, hear about instructors' teaching techniques and get the students' feedback on how prepared they felt for the CNA exam and for the job.

The surveyor included commendations in his summary, particularly noting the facility's meticulous cleanliness.

Program instructors include Program Coordinator and Primary Instructor Oliva Leonardi, RN, and Assistant Instructor Jane Corcoran, LPN.

Congratulations, program instructors! Great work!

## Hilltop Healthy Food Fair



On May 24, the Hilltop Campus hosted a healthy food fair in the auditorium with more than 20 tables featuring healthy options. Residents, staff and outside individuals who attended could sample foods ranging from lean meats and veggie burgers to low-fat or fat-free snack options. The dietary department plans to add some of the most popular items to the food co-op selections available to staff. The event also featured an Ask the Dietitian table staffed by Hilltop Campus Dietitian Jessica Czebiniaak, RD, and a food-tasting challenge – two teams of five staff each faced off to identify unfamiliar foods such as jicama, chayote and pomegranate; to see how many saltines they could eat in a minute, and to pick up and eat 25 peas in a minute using chopsticks. Elizabeth Church Campus Registered Dietitian Anna-Marie Batz, RD, (left) and United Methodist Homes Vice-President of Dietary and Clinical Nutrition Services Martha Wright, MS, RN, RD, LDN, checked out a table with healthy sandwich choices. Special thanks to Sysco Sales Associate Teresa Wentworth of the Syracuse office for organizing the event.

---

## Remember the Fountains Pavilion?

Shine up your dancing shoes and get ready to cut a rug!  
**St. Louise Manor will host a "Back to the Pavilion" dance party from 7-9 PM on July 12.**  
 Open to all St. Louise residents  
 and up to four adult guests per resident.  
 RSVP to Linda at (607) 724-4000 by 4 PM on July 9.

---

## LOOKING for PHOTOS!



In preparation for St. Louise Manor's Back to the Pavilion dance party in July, activities staff are seeking photos of residents and family members dressed up – dressed up for dancing is even better, and dancing at the Fountains Pavilion is better yet! Also accepting the loan of Fountains Pavilion memorabilia for decoration. Before July 1, email your photos to [kmayer@umhwc.org](mailto:kmayer@umhwc.org) or bring in your hard copy photos – we'll scan and return to you.



## That's Amore!

On April 26, the Hilltop Campus welcomed residents, staff, family members and guests from the community to its third annual spaghetti dinner fundraiser to benefit the Walk to End Alzheimer's. Attendees enjoyed a traditional spaghetti dinner along with homemade desserts and the opportunity to bid on baskets in a basket raffle. Between the sale of 184 dinners and basket raffle

proceeds, the event netted \$1,325 for the Alzheimer's Association – thanks to the dietary department for whipping up the fabulous meal, staff and residents who baked desserts and volunteered to staff the event, and everyone who attended! Hilltop Wellness Director Vinni Wingell



(right) is shown getting her daily carbs with her husband Bill.

*Thank you to the following for basket raffle donations: Tom's Coffee, Cards and Gifts, resident family member Janet Cole, Consol's Family Kitchen, and many Hilltop departments.*

## Reaching Out to Family

On May 16, St. Louise Manor resident Ralph Efthimiou (seated, right), his daughter Essi Efthimiou (seated, left) and her daughters Erika and Klara Pinkerton (standing, left to right) video-chatted with daughter/sister/aunt Alli via Skype – half a world and half a day away! Late morning in the US is evening in the Middle East, where Alli was putting her children to bed. The family utilized St. Louise Manor's iPad and WiFi network to make the connection. Three cheers for a conversation across the miles using technology!



## Letters of Appreciation

### To the Hilltop Campus

Thank you all so much for giving Mom such professional and comforting care the past few years. We couldn't have asked for more!

### To the Elizabeth Church Campus

Thank you to St. Louise Manor Activity Leader Karen Mayer for making possible a Skype chat with our dad. We had so much fun – it was great hearing him play the harmonica! It was wonderful having you on the call, too. We appreciated your thoughtful questions and your news of activities at St. Louise. We hope to be there in August and look forward to seeing you all in person.

### To the Hilltop Campus

Thank you for the care and concern you showed to our mom. Her death was so peaceful. On behalf of our family, we thank you.

### To the Wesley Village Campus

Thanks so much to Social Worker Ellen Machovec for looking after my mom's well-being. Your kindness is truly appreciated.

### To the Hilltop Campus

Thank you to Chaplain Lea Harding for the invitation to the memorial service. Although we were unable to attend, we remain grateful for the counsel and solace you provided to my mother during her time as a resident at James G. Johnston Memorial Nursing Home. We appreciate the excellent care United Methodist Homes provided to Mother during the last years of her life. Please convey our thanks to the staff and fellow residents who provided so much love and care during her last days. You are all in our prayers.

### To the Elizabeth Church Campus

I would like to take this time to thank all the St. Louise Manor staff for taking such good care of my uncle. I would also like to thank his fellow residents who were friends with him – your friendship meant a lot to him and to me. Thanks and bless you all.



See what Baby  
Floyd's been up to!

Follow the adventures of Floyd the Wellness Flamingo's hatchlings (all named Baby Floyd) as they accompany staff on fitness adventures at home and at work!

View photos at [www.facebook.com/UnitedMH](http://www.facebook.com/UnitedMH) – click on Photos and the album called

"Choose Your Own Adventure – Trips with Baby Floyd!"



Staff, residents, family members and friends of the organization are invited to join

**United Methodist Homes' 2012  
Walk to End Alzheimer's team!**

The walk is Sunday, September 23 at  
Otsingo Park in Binghamton.

Sign up online at [www.alzcn.org](http://www.alzcn.org)

Get ready  
to walk!

is published monthly for the staff, residents, family members, friends and campus neighbors of United Methodist Homes. Please direct all inquiries about *Seasons* to Sarah Soden, Director of Marketing and Public Relations, at 10 Acre Place, Binghamton, NY 13904. If you no longer wish to receive this publication, please call Sarah at (607) 775-6400, ext. 288. If you are receiving duplicate copies of the newsletter, please let us know so we can amend the mailing list.

Visit our website at [www.unitedmethodisthomes.org](http://www.unitedmethodisthomes.org) to view contact information for each campus, as well as monthly activity calendars, news releases, or to view back issues of the newsletter electronically.

Visit our Facebook Page for updates, event info and photos. Go to [www.facebook.com/UnitedMH](http://www.facebook.com/UnitedMH).

Interact with us on **facebook**

**Corporate Office**  
10 Acre Place  
Binghamton, NY 13904

ADDRESS SERVICE REQUESTED

Nonprofit Organization  
U.S. Postage  
PAID  
Permit No. 197  
Binghamton, NY

# Sunshine Olympics

## Can you dig it?



Nursing Home. The “Purple Angels” placed second against teams from eight other retirement communities. Congratulations to (standing, left to right) resident Kay Grace, Activity Director Faye Clark, resident Barbara Jenkins, Activity Leader Adriane Hotchkiss, residents Joan Shanahan and Edith Lindsay, and (seated, left to right) resident and team cheerleader Marilyn Wood (holding her “applause” sign!) and residents Lorraine Woodward and Irene Tegeler.

A team of Hilltop West Side residents competed in balloon volleyball in the 2012 Sunshine Olympics at Willow Point

## Sweet success!

June 13 was sweet and challenging at Hilltop, when the campus hosted the cookie-baking and trivia portions of the 2012 Sunshine Olympics. Hilltop’s baking team – Camille Bennett, Maryann Fertig, AnnMarie Polansky and Clara Sarday – clinched first place for the second year in a row! Their entry, summer carrot cookies based on a recipe from Activity Coordinator Denise Reilly’s paternal grandmother, tasted like a creamsicle on a plate! Team members tweaked the recipe with spices and additives such as citrus zest, and baked several test batches to achieve perfection. Meanwhile, the Hilltop trivia team – Nancy Brown, Dolly Magner, Alice Murphy, Art Sexton and Marilyn Wood – was hard at work in the auditorium, answering 25 questions in a variety of categories. The group’s efforts paid off with a second-place win! Great job, everyone! Cookie judges (from left) St. Mark’s Episcopal Church (Chenango Bridge) Rector Mark Giroux, Broome County Sheriff’s Office Detective Deb Phelps, and Pianist/Piano Teacher Rick Pedro contemplate the entries. Judge Mick Stebbins, Binghamton Police Detective Sergeant, is not shown.

