



Seasons

UNITED METHODIST HOMES

A NEWSLETTER FOR STAFF, RESIDENTS & FRIENDS OF UNITED METHODIST HOMES

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Doris L. Patrick Campus, Norwich, NY
Graceview Manor (subsidized HUD housing)
Pearl and Everett Gilmour Skilled Nursing Facility

Elizabeth Church Campus, Binghamton, NY
Elizabeth Church Manor Skilled Nursing Facility
Manor House (independent living)
St. Louise Manor (residential living, assisted living,
adult care)

Tunkhannock Campus, Tunkhannock, PA
Offers assisted living and personal care

Hilltop Campus, Johnson City, NY
James G. Johnston Skilled Nursing Facility
The Highlands (independent living)
Grand Care Children's Center
Also offers adult care and assisted living.

Wesley Village Campus, Pittston, PA
Anderson Personal Care Facility
Brooks Estates (independent living)
Myers Manor (independent living)
Partridge-Tippett Skilled Nursing Facility

United Methodist Homes Celebrates Fifty Years Events at Each Campus This Summer



United Methodist Homes is celebrating its fiftieth anniversary by giving back to the community! Each campus will offer a seminar or other educational event in conjunction with facility tours, all designed to give the public an opportunity to visit the campuses, ask questions, and learn more about long-term care.

At the conclusion of each event, attendees will be invited to take home a booklet called "For My Family," a 20-page piece that enables an individual or couple to outline their assets, debts, investments, property, funeral plans and more. According to President & CEO Keith Chadwick, the booklet is a valuable tool: "It's intended to help families organize important information into a single source, which can reduce stress for everyone at critical times, such as upon a nursing home admission or when someone passes away. In many cases, extensive documentation is required to close accounts, receive insurance payments, and accomplish other tasks. The booklet puts this information at your loved ones' fingertips, as well as providing them with details about your wishes. A special section at the back also offers a space for writing favorite recipes and memories."

Details about anniversary events at each campus are listed below. We hope to see you there!

Wesley Village Campus

209 Roberts Road, Pittston, PA
2-4 PM, Saturday, August 2

Partridge-Tippett Nursing Facility Activity Room and Dining Room

Learn about healthy cooking for seniors during a cooking demonstration. Refreshments and tours of the facility will be available. Door prizes, live entertainment and an art show will also be featured.

Call (570) 655-2891 for more details or directions.

Elizabeth Church Campus

863 Front Street, Binghamton, NY
7 PM, Tuesday, August 5

St. Louise Manor Dining Room

An independent insurance agent will discuss long-term care insurance, explaining what it is, who needs it, when to purchase it and more. Light refreshments will be served, and tours will be available.

Call (607) 722-3463 for more details or directions.

Administrative Editorial

Keith D. Chadwick, President & CEO



United Methodist Homes is a not-for-profit, church-related organization that grew out of the Wyoming

Conference of the United Methodist Church. As you may know from regional media, your church, or from United Methodist Homes publications, the Wyoming Conference is set to experience some significant changes in the months to come. No matter the final outcome and conference configuration, United Methodist Homes will remain intact and committed to its mission of providing

exceptional care to residents on all our campuses.

As the conference changes shape, I do believe it is important for United Methodist Homes to remain connected to the United Methodist Church for a number of reasons. We owe our very existence to the church, as our mission and ministry began from a seed planted by church leaders fifty years ago. Our vision of providing care and services to the whole person – body, mind and spirit – is based in church philosophy. Many of our residents seek housing and care with the Homes because they believe in

the services provided by a faith-based organization. Many of our employees work at the Homes for a similar reason: They want to make a difference and we provide them with that opportunity.

In my travels, people often inform me that they are praying for the Homes every day. We thank you for keeping the Homes in your thoughts as we celebrate our fiftieth year of serving the community. We value and celebrate our church-connectedness and believe in its continuation – for the next 50 years, and beyond.

Keeping the Beat at Elizabeth Church Campus

What began as a one-time event during St. Louise Manor's "Try Something New" week more than a year ago has become a monthly event on the Elizabeth Church Campus.

Elizabeth Orleski, African drum instructor, performer and co-owner of The Drumzone in Endicott, visits St. Louise Manor monthly and Elizabeth Church Manor every other month with a cartload of African *djembe* (pronounced jem' bay) drums and other percussion instruments. Said St. Louise Manor Activity Coordinator Karen Mayer, "No one in the group had ever played a *djembe* before, but everyone enjoyed it so much that we've kept it as a regular activity. We usually have a dozen or more participants."

Residents sit in a circle with drums, bells, shakers and sticks as Orleski plays and teaches rhythms and songs that the group can copy or jam with. Benefits of drumming include maintenance and improvement of hand-eye coordination and listening skills, stress release, hand and arm exercise, and teamwork. Said Orleski, "My focus is on fun, and it's great to see how excited the residents are when I bring the drums in! Residents have told me that drumming energizes them and brightens their mood, and I can see

their smiles and energy when they leave the sessions. Drumming is a wonderful creative outlet – a great way for people to connect and feel a sense of community."

Friends and relatives of residents are welcome to attend to participate or listen. For more information about upcoming drum circle dates and times, contact Mayer at (607) 724-4000.



St. Louise Manor resident Johanna Volland playing during a drumming session.

United Methodist Activity Directors Meet

Activity directors from throughout the United Methodist Homes organization met at the Doris L. Patrick Campus in Norwich on May 23 for a luncheon and sharing session.

Kate Conant from the Doris L. Patrick Campus, Diana Husnay from the Elizabeth Church Campus, Faye Clark from the Hilltop Campus, Terri Tyler from the Tunkhannock Campus and Tamara Chesniak and Jenifer Bitters from the Wesley Village Campus shared information about their program structures and staffing, as well as program ideas.

"This is the first time we've all gotten together, and it was a successful and useful session. We've decided to meet at least three times a year to continue sharing ideas," said Conant. Their next meeting is planned for the end of August at Wesley Village.



Staff Announcements



Colleen Marascia

Colleen Marascia was recently named Assistant Administrator at United Methodist

Homes' Hilltop Campus. She moves into this position from within the Hilltop management team, where she has been the Director of the Licensed Agency and Assisted Living Program for six years.

Marascia earned her associate's degree in applied science in nursing from Broome Community College in Binghamton, NY, and her bachelor's and master's degrees in health administration from the New School for Social Research in New York, NY. She is a registered nurse.



Chris Panella

Chris Panella was recently named Director of Dining Services at the Elizabeth Church Campus. He has

been with United Methodist Homes for six years, most recently as the Assistant General Manager for Sodexo Senior Services at the campus.

Panella earned his associate's degree in hotel and restaurant management from Broome Community College in Binghamton, NY, and his bachelor's degree in the same discipline from the State University of New York at Plattsburgh. He is ServSafe certified.

Carasea Retires After 30 Years with Homes

Hilltop Campus Assistant Administrator Mary Anne Carasea retired from United Methodist Homes on June 19 following 30 years of service.



Carasea at her retirement party with Hilltop Administrator Jerry Halbert.

Carasea began at the Homes on September 11, 1978, as the Hilltop Campus Activities Director. Ten years later, she became Assistant Administrator, providing direct oversight of the licensure process for Hilltop's adult care, assisted living and home health programs. Her knowledge of adult care facility and assisted living program regulations is recognized around the state.

According to Hilltop Campus Administrator Jerry Halbert, "Mary Anne has always been a visionary leader, recognizing the needs of the community, and pushing Hilltop to provide cutting-edge services that make the campus a leader in this area. Her expertise will be sorely missed."

Staff, friends and family honored Carasea at a June 12 retirement roast at the Polish Club in Binghamton; residents had the opportunity to say good-bye at a formal tea on June 18.

Innovative Therapy Program a Winner at Doris L. Patrick Campus

In January, rehabilitation staff at the Doris L. Patrick Campus implemented a program called "Hey, Therapy!," which encourages family members and staff at all levels to recommend therapy screenings for residents for whom there is a perceived change in ability.

"Hey, Therapy!" cards are available by the dining room on each nursing unit. Anyone may fill out a card (anonymously or including his/her name) indicating that he or she perceives a resident with, for example, changed ambulation abilities or appetite, or to alert therapy to an equipment need such as a different wheelchair or walker. After rehabilitation staff members collect the cards, they check with nursing staff to see if any of the issues noted are known for that resident, or if they represent something new. The new system has speeded evaluations for residents.

Said Therapy Program Manager Lindsay Dechow, OTR/L, "About sixty percent of the cards result in a resident receiving new or different therapy. Many other cards alert us to equipment needs, or help us answer questions for staff and family members about a resident transferring between wheelchair and bed, for example."

Rehabilitation staff at the Doris L. Patrick Campus offer occupational, physical and speech therapy, serving between 10 and 12 residents per day. Therapy includes a wide variety of activities, such as building strength and endurance, gait training, and more.

Tunkhannock Campus Celebrates Memorial Day With Picnic

The Tunkhannock Campus celebrated Memorial Day with a special picnic for residents. Board member Alan Kinsman (left) and Dietary Director Fran Barbaro (right) were grillmasters for the May 22 event. The menu included hamburgers, hot dogs and barbeque ribs. Following the cookout, residents took a ride out for ice cream.



United Methodist Homes Celebrates Fifty Years

Continued from page 1

Tunkhannock Campus

50 West Tioga Street, Tunkhannock, PA
7 PM, Tuesday August 12

Partridge-Tippett Living Room

A presenter from the Wilkes-Barre/Scranton affiliate of the Alzheimer's Association will give an overview about the early signs and symptoms of Alzheimer's disease, as well as tips for coping with the care of a loved one with fully-involved dementia. Tours of the facility will be available.

Call (570) 836-2983 for more details or directions.

Hilltop Campus

286 Deyo Hill Road, Johnson City, NY
7 PM, Tuesday, August 12

Hilltop Auditorium

Attendees will have the opportunity to learn about advance directives and power of attorney.

Refreshments will be served, and tours will be available.

Call (607) 798-7818 for more details or directions.

Doris L. Patrick Campus

88 Calvary Drive, Norwich, NY
4-7 PM, Wednesday, August 27

Under the tent outside at the Doris L. Patrick Campus

Join campus staff and representatives of community organizations for a "50 Ways to Wellness" health fair. Attendees can learn about various services from the Chenango Health Network, the Norwich YMCA, as well as campus services such as rehabilitation, nursing, dietary and more. Tours of the campus will be available.

Call (607) 336-3915 for more details or directions.

Shorts

Congratulations to Randi Smith, Health Information Management Coordinator/Coder, Wesley Village Medical Records, who was recently appointed to the Board of Advisors of the Allied Medical & Technical Institute in Forty Fort, PA. Smith routinely hosts interns from the Institute, and also works with them on job placement.

Elizabeth Church Manor residents recently enjoyed a "Kitchen Gadgets and Gizmos" program. A collection of old kitchen gadgets and cooking tools were provided for residents to inspect and reminisce about. Said Activities Director Diana Husnay, "Everyone shared fond cooking memories, and favorite recipes were lovingly recited." The group churned fresh butter in a vintage churn and enjoyed it on homemade sourdough bread.

Congratulations to Clinical Informaticist Amy Miller, RD, RAC-CT, who recently earned her certification from the American Association of Nurse Assessment Coordinators.

As a change of pace for the summer, the St. Louise Manor dining room walls were recently embellished with lattice sections decorated with various items of the past, including photos, toys, clothes, kitchen utensils and more. Stop by to check out the antiques!

On June 4, Hilltop residents competed in trivia and checkers in the Sunshine Olympics.

Residential Services Director Teresa Felter and Marketing/Public Relations Director Sarah Soden both attended a Penn State Wilkes-Barre continuing education seminar at the Wesley Village Campus on June 4. The session, entitled "Got Image? How to Make Your Facility Stand Out in a Crowded Marketplace," was presented by Andrew Merz of the Merz Group.

Elizabeth Church Manor Activity Leader Ellie Johnson recently presented a cake-decorating demonstration for residents. Johnson demonstrated different techniques for frosting and decorating a sheet cake, including food-coloring paste, air brushing styles, frosting tips and flowers. The residents were treated to the decorated cake for the monthly birthday party.

The Hilltop Campus enjoyed several musical performances on and off campus during the month of June. Residents welcomed the Vestal Community Chorus on June 2, the Johnson City High School Sophisticats on June 9 and the fourth-grade chorus from the Johnson City Intermediate School on June 16. On June 24, residents traveled to Highland Park for an outdoor concert.

Wesley Village welcomes new volunteers Ann Cocco and Ann Irvin.

The Elizabeth Church Campus has started a "Salute Our Troops" bulletin board in the main hallway. Photos of soldiers related to staff or residents are displayed along with where they are serving and, if available, their addresses. Residents have sent letters to the servicemen expressing their support.

In honor of June's historical reputation as a common month for weddings, the Hilltop Campus held a "Wedding Day" on June 26, featuring a display of resident and staff wedding photos, a lunchtime "wedding parade," an afternoon vow renewal ceremony, and an evening wedding reception with music by United Sounds.

Pasta-Making Demonstration at St. Louise Manor



On May 9, St. Louise Manor residents enjoyed a pasta-making demonstration by cousins Grace Fisk and Patrick Caminiti. They gave a step-by-step demonstration of how to make spaghetti and fettuccine. Shown at the event are resident Mary Dadamio (left) gathering the pasta strips to be cooked, Caminiti (center) and Fisk (right). Dadamio shared stories about her own family experiences with making pasta. More than 20 residents attended, as well as staff.

Tunkhannock Campus Accepts Wii Donation

Eric Schaefer of Schaefer Heating & Plumbing in Tunkhannock visited the Tunkhannock Campus on May 28 to present the facility with a Wii game system. Schaefer is the third generation of his family to run the 60-year old business, and according to Activities Director Terri Tyler “wanted to give something back. His company has done business with Tunkhannock Manor for years, and many of the facility’s residents were Schaefer customers when they lived in their own homes.” Attending the ceremony were (front, left to right) residents Ruth Bernatitus, Marion DeGraw and Grace Lundy, (back, left to right) Lynn Oliver, PCA; Schaefer; Tyler; and Sheila McGavin, PCA. A reporter/photographer from *The Wyoming County Press New-Age Examiner* also attended the presentation, which was featured in the publication’s June 4 issue.



Wesley Village Celebrates 500 Consecutive “No Lost Work” Days

The staff of the Wesley Village Campus recently reached a significant milestone – 500 consecutive “no lost work” days. This means that following a work-related injury, no staff member is out longer than a week – managers work with staff to get them back to work on light duty, saving in workers’ compensation costs. The clock is “reset” at 500 days so staff members don’t feel pressured to conceal an injury to maintain the record.

Staff were honored for their achievements with a May 26 celebration lunch from Marty’s Blue Room. Participants enjoyed pulled pork, Cajun chicken, potato salad, coleslaw, fresh bread, birch beer, cookies and ice cream sundaes.

“Five hundred no lost work days is a significant accomplishment for any organization, but even more so for a large facility like Wesley Village, which employs over 375 staff. Congratulations to all staff on a job well done – this is an achievement everyone should be proud of,” said Assistant Administrator Danielle Janeski.



Wesley Village is the third campus in the United Methodist Homes family to achieve this milestone since October 2007.

Enjoying the lunch are (left to right) Margo Magda, RNAC; Amy McKitish, Social Worker; Kelli Kowalczyk, Dietitian; George Chronowski, Day Shift Dietary Supervisor; and Lori McAndrew, Dietitian.

June Employees of the Month Recognized

Doris L. Patrick and Elizabeth Church Campuses Honor Staff



Pamela MacBlain-Brown, LPN, has been named the Doris L. Patrick Campus' June Employee of the Month. According to her nominator, "Pam is a very dedicated employee who goes above

and beyond her job responsibilities. She is always willing to help residents and staff when needed. She picks up extra shifts when the facility is in need. Co-workers appreciate everything Pam does for them. Her caring and compassionate style is an asset to the campus."



Ted Hissin, Dietary Aide, has been named the Elizabeth Church Campus' June Employee of the Month. Hissin has worked for United Methodist Homes for four years, and has

been recognized consistently through the Shining Star program. Some of his most recent nominations said: "When I visit my mom Ted greets me with a smile and makes me feel welcome. My mom always says how nice he is to her and to all the residents. He is just a very special person. I can see he really loves the residents just by the way he treats them all. His coworkers also speak highly of him," and "Ted always brings a smile with him and makes us smile. You can count on him to bring things to you when you call the kitchen. He always helps us pick up morning trays if we need additional help."

Said Employee Recognition Committee co-chairperson Maria Sisson, Purchasing Agent, "Ted is the most recent example of the kind of 'star quality' employees we have – those who will go out of their way to improve the quality of life for our residents no matter what their job title is."

Tunkhannock Chapel Dedication Celebrated

On June 1, members of the Tunkhannock Campus family celebrated the dedication of the new chapel area adjacent to the Partridge-Tippett Living Room. The chapel was created during a late 2007 renovation of the living room. The altar table, pulpit and vestments were donated by the congregation of Idetown United Methodist Church when it merged with the Lehman United Methodist Church. Three members of the Idetown church spoke during the ceremony, explaining how pleased they are that the items they donated will continue to be used to glorify God. Reverend Beverly Butler of the Lehman-Idetown United Methodist Church assisted Tunkhannock Campus Chaplain Ted Faux in serving communion to those in attendance. Pausing for a photo after the dedication are (from left to right) Leonard Ide, Harry Haeefe, Lois Ide, Richard Ide, Evelyn Ide, Willis Ide, Chaplain Faux, Reverend Butler, Bob VanGorder, Jeanne Barrall, Linda VanGorder, and Jayne Haeefe; Chloe VanGorder is shown front and center.



Elizabeth Church Campus Honors Dietary Interns

On May 22, the Elizabeth Church Campus Dietary Department hosted a reception for four BOCES (Broome-Tioga Board of Cooperative Educational Services) students to celebrate the completion of their internships. The students began in October, working in specially-created kitchen and dining room positions appropriate for their ability levels. Congratulations to Rolland Brown, Sterling Naslund, Ashley Richardson and Rebecca Todd, who were each presented with a certificate. Shown at the event are (front row) Richardson and Todd, and (back row) BOCES Job Coach Lauri Cobb, former Elizabeth Church Campus Dietary Manager Noah Davis, Brown, BOCES Job Coach Lynette Warner, Naslund and new Elizabeth Church Campus Dining Services Director Chris Panella.



Letters of Appreciation

To the Elizabeth Church Campus

Thanks to Laura Redman, Deenna Stanton, and all the personnel on the first floor of Elizabeth Church Manor, where my husband was a resident. I would like to thank you from the bottom of my heart for the wonderful care you provided. Each and every one of you is so professional, patient and caring, and with an upbeat sense of humor, too. I always knew he was safe in your hands. May you all be blessed!

To the Wesley Village Campus

It's difficult to find the perfect words to fully express our thanks for the super job your staff did in helping my wife and me celebrate our sixtieth wedding anniversary in the Meyer Room. I hope just a sincere, grateful thank you will demonstrate our appreciation!

To the Elizabeth Church Campus

I would like to express a sincere thank you for the great care you provided to my aunt. She lived on the second floor of Elizabeth Church Manor for about three and a half years, and I visited at least once a week. I was so lucky to get her placed at your facility after she had serious problems and could not stay at her apartment. You should be very proud of your staff as they were always professional and efficient, but more than that, patient and loving. It was reassuring for me to know she was there when I was at work. I was always informed of any incident, issue or problem. Every single member of the second floor staff was fabulous and went beyond their job descriptions. I have told many people about the great care my aunt received at Elizabeth Church Manor, and will continue to do so. Thank you again for a job well done!

To the Hilltop Campus

I relocated my mother to Hilltop two years ago from a nursing facility in Florida. From the day she entered the SUN Unit, staff members have gone above and beyond to make sure she adjusted to her new home. I cannot begin to describe the comfort and peace of mind Hilltop staff members bring not only to my mom but our family as well. In Florida, we had too many instances of poor care and disrespect – this has never occurred at Hilltop. I have never heard a staff member speak unkindly to a resident or a coworker. We recently had to move mom to the STAR Unit, so my comfort zone was disrupted. But once again, a professional and caring staff assisted us during this transition. A gentleman I met during our tour called the staff his STAR angels, and I'm beginning to understand what he meant. The challenges these staff members face day-to-day and how kindly they handle them amazes me. I visit frequently and when I am unable to, they keep me abreast of any issues pertaining to my mom. The responsibility of selecting a place for a parent's long-term care is a tremendous one. I am convinced that my mom is in the best place. The reassurance and security the staff gives me is a gift that I am thankful for every day. I try to show my appreciation and hope they know that the difficult job they perform does not go unnoticed. I believe that United Methodist Homes lives up to its commitment to the elderly in our area and the community is fortunate to have such an organization to rely on.

To the Doris L. Patrick Campus

Thank you to the staff members at Gilmour Health Care Facility for the wonderful care I received after I fell and required surgery.

To the Hilltop Campus

Thank you to the STAR Unit activity staff members, Misty, Michael, Suzie and Jan. In spite of many residents not seeming to participate much in activities, these four wonderful people keep plugging ahead. I feel that the effort put into these activity periods is beneficial to the residents even though it's difficult to know how much of the staff's work is getting through. The residents are also exposed to sights, smells and sounds they don't experience during the rest of their days and evenings. The STAR Unit is surely the most difficult unit to work on, for the nurses, aides, housekeepers, dietary and activity staff. I have observed the dedication, caring, patience and love they all freely give to my wife and to other residents. You are all my angels, and I thank God every day for opening the door at Hilltop for my wife. Thank you for all you do to make some fun and diversity in the residents' lives.

To the Wesley Village Campus

We would like to take this opportunity to thank you all for the wonderful care and love you gave to Mom all these years. We know the good care and love she received helped her to live such a long life.

DONATING TO THE HOMES

If you would like to make a donation or consider a planned gift to United Methodist Homes, please call the Corporate Office at (607) 775-6400, ext. 280. Checks may also be mailed to 10 Acre Place, Binghamton, NY 13904.

Calling short-term rehabilitation graduates!

Did you have a short-term rehabilitation stay at the Doris L. Patrick Campus between 2006 and the present? If so, you're invited to a rehabilitation graduates' reunion picnic on campus from 11 AM to 1 PM on July 9. Call (607) 336-3915 for more information or to RSVP (by July 1).

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Abbreviations

DLP – Doris L. Patrick Campus, Norwich, NY

ECC – Elizabeth Church Campus, Binghamton, NY

JGJ – James G. Johnston Skilled Nursing Facility, Johnson City, NY

SLM – St. Louise Manor, Binghamton, NY

UMH – United Methodist Homes

WV – Wesley Village Campus, Pittston, PA

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Doris L. Patrick Campus Talent Show a Hit!

The Doris L. Patrick Campus concluded its celebration of National Nursing Home Week with a May 16 talent show featuring resident family members and staff. Shown here is the “Pussycat Dolls Gone Wrong” skit, a comical choreographed dance with participants dressed in their flannel pajamas, curlers and shower caps! From left to right are Activities Director Kate Conant, Assistant Director of Nursing Gina Rapp, Social Work Director Heather Spencer, and Inservice Coordinator Lisa Lella.



Staying Young at Heart With Disney Day



The Wesley Village Campus celebrated National Nursing Home Week with various theme days, including a “Disney Day” during which residents enjoyed feeling young again with a Disney movie marathon and a Disney party featuring cake, music and trivia. Enjoying the festivities are (left to right) Partridge-Tippett Nursing Home resident Rita Loftus, Activity Aide Caroline Dougherty as Winnie the Pooh, Robert Loftus, and Anderson Personal Care resident Angelo Anzalone holding Donald Duck Thomas Kraitz, grandson of Personal Care Activity Aide Suzie Mizzer.