

Myers Manor Independent Living – Wesley Village

VISITATION RECOMMENDATIONS

HOW TO PROTECT YOURSELF AND OTHERS

Myers Manor Independent Residents may start having visitors outside of the facility when Personal Care Residents begin their outside visitations.

Please keep in mind the recommendations below and follow CDC guidelines to protect yourself during visits.

AVOID CLOSE CONTACT WITH OTHERS

- Visit outdoors.
- Put 6 feet of distance between yourself and people who don't live with you.
- Stay at least 6 feet (about 2 arms' length) from other people.
- Remember that some people without symptoms may be able to spread the virus.
- Keeping distance from others is especially important for people who are at higher risk of getting very sick.

A MASK OR FACE COVERING THAT COVERS YOUR NOSE AND MOUTH SHOULD BE WORN AT ALL TIMES

throughout the visit.



Other things you can do to prevent getting sick include:



- Washing your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.



- Avoiding touching your eyes, nose, and mouth with unwashed hands.
- Covering your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow. Immediately throw the used tissue in the trash and wash your hands.

QUESTIONS ABOUT VISITATION?

Call (570) 655-2891 x5245
or email rloefflad@umhwc.org



If at any time we experience an increase in COVID-19 cases or respiratory symptoms, visitation will be restricted until determined safe by UMH administration and the Department of Health.